

BBH Food Service / High School / March 2022

National Nutrition Month

Pizzeria Options: Combine with a Fruit, Veggie, and Milk for a Lunch

Monday
Pizza of the Day

Tuesday
Pizza of the Day

Wednesday
Pizza of the Day

Thursday
Pizza of the Day

Friday
Pizza of the Day

AVAILABLE DAILY

Non-Fat Milk Choices Included with All Lunches
Choose 100% Fruit Juice in place of the
Fruit of the Day
Farm to School Fresh Fruits When in Season
Menu Subject to Change

March is National Nutrition Month



LUNCH

All Breakfasts and Lunches are Free of Charge
for the 2021-2022 School Year for students
Students **must** take a Fruit or a Vegetable to
qualify.

March 7-11

MON: "FRY DAY ON MONDAY" ~ Baked Potato Wedges, Chili, Taco Meat, Fajita Chicken, Broccoli, Cheese Sauce, Bacon Bits, RF Sour Cream), Romaine Salad, Fresh Sliced Apples

TUES: BBQ CHICKEN Homemade Fries, BBQ Baked Beans, Coleslaw, Warm Cinnamon Apples

WED: TERYAKI MEATBALL NOODLE BOWL, Asian Vegetables, Glazed Carrots, WG Dinner Roll, Mandarin Oranges

THURS: PASTA BAR~ Chicken Alfredo, Spaghetti & Meatballs or Marinara, Meatsauce, Italian Mixed Veggies, Romaine Salad, Breadstick, Applesauce

FRI: ^{NEW} SHRIMP POPPERS BOAT, Curly Fries, Tartar Sauce, Creamy Coleslaw, Corn Bread, Peaches

March 14-18

MON: TWO HARD SHELL TACOS: Beef or Chicken, Romaine, Cheddar Cheese, Salsa, RF Sour Cream), Fiesta Beans, Applesauce, Cinnamon Loaf

TUES: ^{NEW} OVEN FRIED CHICKEN Southern Breaded Chicken, Mashed Potatoes & Gravy, Seasoned Corn, Warm Cinnamon Apples

WED: BUILD A SANDWICH ~Egg, Cheese and/ or Bacon or Sausage, Muffin or Bun, Breakfast Potatoes, Red Pepper Strips, Strawberry Cups

THURS: ^{NEW} HAPPY ST. PATRICK'S DAY~ Corned Beef on Rye, Swiss Cheese, Dill Spear, Sauerkraut Cup, Cabbage and Carrots, Green Grapes, "Lucky Charm" Cookie

FRI- FISH AND PIEROGI, Breaded Fish, Potato Pierogi, Tomato & Cucumber Salad, Applesauce Cup

March 21-25

MON: CHICKEN WING BAR~ Choice of BBQ or Garlic Parmesan, Celery Sticks and Dip, Baked Waffle Fries, Dinner Roll, Fresh Kiwi

TUES: CHIPOTLE BAR ~Chicken/Beef, Black Beans, Cheddar, Salsa, Brown Rice, Shredded Lettuce, Mixed Fruit Cup

WEDS CHEF'S CHOICE~ An Assortment of Popular Chicken Items, Assorted Potatoes. Fruits and Veggies

THURS: CHEF'S CHOICE~ An Assortment of Popular Italian Items, Assorted Potatoes. Fruits and Veggies

FRI: NO SCHOOL RECORDS DAY!

March 28-April 1

SPRING BREAK ~ ENJOY AND BE HEALTHY!



Our menus are planned by a Registered Dietitian and are based on the Healthy Hunger-Free Kids Act of the National School Lunch Program We offer 2 vegetables & fruits to incorporate into your day!

April 4-8

MON: CHICKEN MASHED POTATO BOWL Popcorn Chicken, Mashed Potatoes, Gravy, Seasoned Carrots and Corn, Dinner Roll, Fresh Grapes

TUES: BURGER BAR~ Choice of Beef, Grilled Chicken, Veggie Burger, Cheese, Lettuce, Tomato, Dill Spears, Pepper Rings, Baked Beans, Orange Slices

WED: CREAM OF BROCCOLI SOUP ~ Crispy Chicken Breast on a Bun, L+T, Romaine Salad, Peaches

THURS: BREAKFAST FOR LUNCH~ CHICKEN AND BISCUIT, Warm Syrup, Hash Brown Starz, Baby Carrots, Fresh Banana

FRI: HOMEMADE VEGGIE SOUP~ Assorted Crackers, Breaded Mozzarella Sticks, Marinara Sauce, Mixed Fruit Cup

School Information

SALADS OF THE DAY
Monday- Chicken Caesar
Tuesday- Buffalo Chicken
Wednesday- Chef Salad
Thursday- Taco Salad
Friday- Chicken BLT

"This Institution is an Equal Opportunity Provider and Employer"
Local Produce when available!

We are an offer vs. serve school.
Please make sure you take a fruit or a vegetable to make a complete lunch!



BEES DELI: Combine with a Fruit, Veggie, and Milk for a Lunch

Monday
Crispy/Grilled Chicken Wrap or Deli Sub/Wrap

Tuesday
Crispy/Grilled Chicken Wrap or Deli Sub/Wrap

Wednesday
Crispy/Grilled Chicken Wrap or Deli Sub/Wrap

Thursday
Crispy/Grilled Chicken Wrap or Deli Sub/Wrap

Friday
Crispy/Grilled Chicken Wrap or Deli Sub/Wrap